

Diet and Habitat

Ladybugs can be called “garden-defenders.” They help keep plants healthy by eating tiny plant-eating insects called aphids. Aphids can destroy plants. One ladybug can eat up to 60 aphids per day! They are a great natural pest control for your garden! Although their favorite food is an aphid, they also eat mealybugs, mites and scale insects. They chew from side-to-side and not up-and-down like humans.

Ladybugs live near plants. They can usually be found in trees, fields, branches and shrubs. You may even find a ladybug that snuck into your home. They hibernate in large groups for warmth and can sometimes be found in people’s attics. They can sneak into the cracks of homes seeking warm areas during the winter season.